For more than 150 years, Legacy Treatment Services has been providing clinical interventions to children, youth, families and individuals.
2018-2019
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Changing the behavioral health and social service outcomes for people of all ages from surviving to thriving.

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LegacyTreatment.org
Dear Friends and Supporters,

2018 has been another exciting year at Legacy Treatment Services. We have continued to add quality services for more people in need while building on our mission.

We will soon have the ability to serve Philadelphia youth in Philadelphia, as well as in New Jersey. This is due to our new affiliation, announced this year, with Woods Services of Bucks County, Pa. As the human services field continues to face threats and challenges to its core mission of serving those who need us most, Woods and Legacy are creating a dynamic population health management organization that relies on our combined expertise to provide the highest quality care continuum that meets the complex health, behavioral, social and education needs of those we serve. We believe that we provide critical and superior services to our consumers and seek to make these great services available to as many individuals as possible. We look forward to this partnership that will allow us access to innovative and dynamic services with a positive impact on every individual we serve.

In addition to this affiliation, Legacy Treatment Services partnered with two other entities on new ventures during the year. First, we joined with Virtua Health to open the Behavioral Health Assessment and Treatment Service in Berlin Township. Open around the clock, this program is offering assessments, outpatient counseling services and treatment referrals for patients voluntarily seeking help for substance use disorder and other mental health concerns. We are planning to add medication-assisted treatment, intensive outpatient programs and a 16-bed detox unit for patients there as well.

We have also partnered this year with the Atlantic County Sheriff’s Foundation on Hope One, an addiction mobile outreach van that travels to Atlantic County communities to serve as a link for people suffering from substance-use disorder with treatment options and other services. Legacy staff has been on board for frequent stops to conduct intake screenings on site and provide support.

Our new partnerships allow us to impact more lives than ever before, not only through service delivery, but also by the providing of employment opportunities. Our staff has grown to over 1,200 competent, caring and committed individuals who continue to meet every challenge they face.

But it is you who allow us to transform lives through your contributions, event participation, sponsorships and volunteerism. Legacy could not succeed without you and we cannot thank you enough for your continuing support.

From Surviving to Thriving,

ROY A. LEITSTEIN, MS
Chief Executive Officer
Legacy Treatment Services
Legacy Treatment Services offers a full continuum of behavioral health and social services for children, adults and families, including:

- Prevention Programs
- Crisis Intervention
- Outpatient Therapy and Psychiatric Services
- Case Management
- Substance Abuse Services
- Therapeutic Foster Care
- Residential Programs
- Juvenile Detention Alternatives
- Developmental Disability Services
- Special Education School
15,212 Unique individuals served throughout Legacy’s continuum of care.

17,569 Visits made throughout Legacy’s continuum of care.

1,399 Children served in the community through Children’s Mobile Response.

373 Children and youth with behavioral health challenges provided with housing, treatment and supports through Adolescent Residential Services.

405 Adults and adolescents treated to overcome their drug and alcohol addictions.

144 Adults offered a safe alternative to hospitalization through Kairos House and Crosswinds.

930 Individuals and families provided with information, resources, and supports through Generations Family Success Center.

162 Students enrolled at Mary A. Dobbins Special Education School with individualized education and supports.

1,938 Children, adults and families provided with psychiatric services and therapy at Outpatient Services.

3,432 Individuals in crisis screened, stabilized and linked to the appropriate level of care through the screening & Crisis Intervention Program (SCIP).

581 Youth offered counseling, prevention services, and education assistance at the School Based Youth Services Program.

262 Adults supported in mental health treatment adherence through Involuntary Outpatient Commitment (IOC) services.

361 Adults with mental illness provided with case management and community support services to remain safely in the community.

80 Adults were provided with tools, mentoring and support to improve parenting skills.

128 Youth provided with therapeutic foster care.

201 Children and adults participated in Therapeutic Supervised Visitation sessions with the goal of family reunification.

19 Youth who were victims of domestic human trafficking were provided with therapy.

*AS OF 12/2018
FB was admitted to Legacy’s Kairos House after being released from prison following a 15 year incarceration. Kairos House is a short-term residential program located in Burlington County that offers a safe, therapeutic option for those who are at risk of hospitalization due to exacerbation of their mental illness; or for those who need further stabilization and/or a transition period following an inpatient stay.

FB began battling depression while incarcerated after an incident occurred, which caused him to lose both of his legs. Upon admission into Kairos, FB was already linked to Justice Involved Services (JIS). While residing at Kairos House, he was additionally linked to a partial care program for treatment and attended both Alcoholics Anonymous and Narcotics Anonymous meetings in the community to maintain sobriety and abstinence from illicit substances. While residing in Kairos, FB also worked diligently in an attempt to link himself to a MESH (medically enhanced supportive housing) program for long-term continued support; however, there were no openings at the time.

However, FB worked diligently to complete necessary paperwork to apply for benefits through the Board of Social Services and was able to secure emergency housing upon discharge, while continuing to work with other service providers to ensure long-term, secure and stable housing.

KM came to Legacy’s PATH (Projects for Assistance in Transition from Homelessness) program, which offers community-based case management and outreach services to Burlington County adults who are dealing with a serious and persistent mental illness and are homeless or are at risk of becoming homeless, in the fall of 2018.

Before her arrival, KM had no previous experience with applying for apartments and no history of living independently. Because of this, she had difficulty trusting staff initially and was hesitant to engage, but soon became involved with individual counseling and met with staff weekly.

PATH’s case management staff was eventually made aware of a vacant apartment at one of the county’s subsidized apartment complexes that it thought could be a possibility for KM, but she was hesitant to complete an application and voiced multiple objections about the complex. However, Legacy staff was able to provide support and assisted with the application. As a result, KM was contacted for an interview, visited the complex with staff, was approved for the unit and moved into the apartment in early January 2019.

Legacy’s PATH staff also assisted with referring KM to community resources to furnish the apartment and she is now excited about decorating her place and learning how to cook. She had contact with family members over the holidays and reported that her estranged family members are very happy for her and offered support.

FB, Residential Adult services consumer

“Hi - my name is Adrianna. I am 12 years old and I live in Camden, NJ. I am the oldest of four kids. I came to Legacy Treatment Services because of my behavior. It all started when I was nine, when I would run away and be missing for over an hour. I would sneak out the house to hang with older people. I was aggressive towards my mom. I once tried to run and fight a cop. But that’s the past - let’s talk about the future.

“Thanks to Legacy, I am a smart, intelligent 12-year-old with the talent to rap. If it wasn’t for Legacy, I don’t know where I would be right now. Thank you to the Legacy staff and my therapist who helped me get to where I am now. If it wasn’t for them, I wouldn’t be going home with my family that does love me and wants me to do right.”

Adrianna, Mary A. Dobbins School student
RB is a 13-year-old female who was referred to Legacy by Reliance Medical Group for Obsessive-Compulsive Disorder (OCD) and relationship problems with her family. She was also diagnosed with Separation Anxiety Disorder and Generalized Anxiety Disorder. She had just moved here from Florida and was experiencing adjustment issues.

RB completed her intake in June and did well with her weekly appointments. Although she was engaged in therapy individually, she also participated in family sessions with her mother and father. Since starting services with Legacy, she has been able to begin a new school, make new friends, excel academically and earn leadership awards from her teachers. RB initially reported OCD symptoms of washing her hands 15-20 times daily, but currently reports washing her hands only twice a day. RB also initially reported needing to sleep in her mother’s bed in order to fall asleep nightly, and now she is sleeping independently in her own bed.

RB has recently stepped down to monthly appointments. She and her family are very proud of her progress and are continuing to engage in treatment.

RB, Outpatient Consumer - Northfield

JU, a 17-year-old young woman, first started to come to Legacy’s School Based Youth Services Program (SBYSP) last school year after being referred by Pemberton Township High School administration for anxiety and defiance towards teachers and school staff. She was not consistent in her utilization of services provided by The Hive (SBYSP) but at the beginning of the 2018-19 school year, JU was once again referred to SBYSP by the high school due to family conflict.

JU suffers from anxiety and is two grade levels behind in her academics (freshman status when should be a junior). Due to continuous conflicts with her mother and her mother’s boyfriend, JU left her home to move in with her boyfriend. Her anxiety continued to result in a lack of motivation and focus.

JU has been consistent in her sessions with Legacy’s school intervention specialist since the start of the school year and has been working on positive self-talk and calming coping skills to help her stay motivated. She has demonstrated growth and maturity since her work with SBYSP and her high school teachers have called her mother to verbalize the positive changes seen. JU has also improved her grades and relationship with teachers, obtained employment and repaired and strengthened her relationship with her mother.

JU, School Based Youth Services Consumer

By the time Matt was admitted to the STARS (Special Teens Achieving Real Success) program at Legacy affiliate Community Treatment Solutions (CTS) in April 2013, he had already been in a number of foster homes due to experiencing virtually no parental involvement. He found his step-father unresponsive and ultimately dead after an overdose and his mother was neglectful and abusive.

Matt had to be moved from his last foster home due to sexualized, impulsive and dangerous behaviors. He was assessed at needing a higher level of care but there wasn’t anywhere else for him to go.

At his intake meeting with CTS, it was realized that Matt required close supervision, structure and therapeutic services. He was seen as being intense and unsafe. Matt had jumped off a second-floor landing and eaten raw chicken on repeated occasions. He also urinated throughout the house, stole from the community and hoarded various items. Matt’s interactions with people were limited and he looked fearful of everyone and everything. He was destructive, aggressive, and had a poor understanding of appropriate physical boundaries, displaying frequent sexually-inappropriate behaviors. Matt’s risk-taking behaviors were extreme and often put him in danger, requiring crisis intervention.

Matt remained in his first treatment home at STARS, where the team there worked on stabilizing him. During this time, he finally experienced what it meant to be a teenager, having first outings to the beach and the movies and going to his first school dance. The team, with medication monitoring and therapeutic services, was able to process the youth’s trauma history and coach him on how to make safe choices.

Matt moved to a residential home in June 2015, where the family provided the necessary love that he was finally ready for. He remained in the STARS program as he transitioned to high school and built a small peer group. Now Matt’s treatment was focused on independent living skills and continuing to manage the abandonment of his birth family.

In October of 2017, Matt was ready to discharge from STARS and move to the Intensive Clinical Services (ICS) program, after showing consistent progress with all treatment goals and requiring less therapeutic support, as he demonstrated that he was able to independently manage many of his needs. Today, Matt is a 17-year-old young man who is flourishing and has goals to graduate from high school and go into a vocational program.

Matt, graduate of STARS (Special Teens Achieving Real Success)
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LegacyTreatment.org
## REVENUES AND EXPENSES

### 2018

#### REVENUE

<table>
<thead>
<tr>
<th>Source</th>
<th>Amount</th>
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<tbody>
<tr>
<td>Federal-State-County Grants</td>
<td>$17,849,461.00</td>
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<tr>
<td>Consumer Fees</td>
<td>$41,985,149.00</td>
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<tr>
<td>School Tuition</td>
<td>$6,699,810.00</td>
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<tr>
<td>Other Income</td>
<td>$1,942,673.00</td>
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<tr>
<td><strong>Total Revenue</strong></td>
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#### EXPENSES

<table>
<thead>
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<th>Category</th>
<th>Amount</th>
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</thead>
<tbody>
<tr>
<td>Program Services</td>
<td>$60,778,198.00</td>
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<tr>
<td>Management &amp; General Expense</td>
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<tr>
<td>Fundraising</td>
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<tr>
<td><strong>Total Expense</strong></td>
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<tr>
<td><strong>Net Revenue/Expense</strong></td>
<td><strong>($69,143.00)</strong></td>
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</tbody>
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*Federal-State-County Grants
Consumer Fees
School Tuition
Other Income

*Program Services
Management & General Expense
Fundraising
Legacy Treatment Services, a 501c3 nonprofit, provides a comprehensive array of behavioral and mental health services for individuals of all ages. We are a vibrant statewide agency that utilizes cutting-edge technology and evidence-based practice in treatment and clinical care.